#### About Dr. Mirisse

Dr. Mirisse is a certified Clinical Psychologist, providing consultation, assessment, and treatment to children and adolescents of all ages and their families. She completed her doctoral training in Clinical-Developmental Psychology, and has over 12 years of experience in providing psychological services to Dr. Mirisse has held positions at the Hospital for Sick Children, the Toronto District School Board, and the Hincks-Dellcrest Center. She is currently the Mental Health Team Lead at Summerville Family Health Team, and Consulting Psychologist with the Child Development Institute.





### Dr. Mirisse Foroughe C. Psych.

Practice in Child and Family Psychology

#### Kindercare Pediatrics

Kindercare comprises a team of pediatricians working together with interdisciplinary health care providers in order to provide comprehensive, collaborative care for children and their families. Check out our website for up to date information about the team, as well as articles on health and wellness.

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## Dr. Mirisse Foroughe Clinical Psychology

Children • Adolescents • Families







### Primary Health Care

There is growing evidence of the benefits of primary health care. These include early detection, treatment and intervention, as well as prevention and a focus on optimal health and wellness. Children exhibiting early signs of difficulty at school, home, or in their interactions with others can receive care quickly and efficiently in a primary care setting. At Kindercare, collaboration between health care professionals enhances the care that patients receive.



# Why see a psychologist?

Psychologists are highly trained to provide specialized diagnostic assessments as well as carry out psycho-educational assessments and individualized treatment for your child, teen, or family.

A clinical psychologist will identify the needs of the patient, and work to facilitate change in any area of functioning that you would like to improve. For children, common difficulties include those in areas of learning, attention, social skills, emotion-regulation, achievement, and self-confidence. Psychologists work with the family to maximize the chances for lasting improvements in the targeted areas.









Kindercare Psychology is a full-service psychology practice for children, adolescents, and families. We offer diagnosis and assessment, as well as individual therapy, parent-child therapy, and family therapy.

Psychological services are not covered under OHIP. Most health insurance plans provide some coverage, and all psychological services are considered a tax-deductible medical expense.

Contact our office for more details.

